

New Providence Student Assistance Program

New Providence High School/Middle School has established a comprehensive Student Assistance Program to address the various needs of students and families experiencing such things as child-focused crisis, substance abuse, mental health issues and/or psycho-social stressors. The Student Assistance Program Intervention and Prevention efforts include assessment, short-term counseling, group counseling at the middle school level, referrals and collaboration with parents and other systems.



What is Student Assistance?

The Student Assistance Program at New Providence provides prevention services, as well as confidential counseling services for students. The Student Assistance Program is designed to collaborate with parents in an effort to determine effective strategies to best support their child. The Student Assistance Counselor helps students manage common adolescent obstacles by helping them look at thoughts and events that are affecting them negatively and aid them in developing a plan for change. Assessment and short-term counseling is provided. If ongoing therapy is indicated, referrals are made to private practitioners and/or appropriate community agencies.

What kinds of problems does the Student Assistance Counselor deal with?

- Peer and Social Problems
- Drug and Alcohol Problems
- Eating Disorders
- Anxiety and Mood Disorders
- Grief and Loss
- Family Transitions
- Depression and Suicide Prevention
- Self-Injury
- Emotion Management
- Stress Management

All services are confidential*.

Student Assistance Counselor

Mr. David Chango

908-464-4700 ext. 1430

dchango@npsdnj.org

Room 430

Please contact Mr. Chango for more information, or a list of referrals specific to your needs.

*Please see the [Student Assistance Program website](#) for further information regarding confidentiality.