

30 (DAYS): DAY 18

"The world is full of magical things patiently waiting for our wits to grow sharper."
 –Bertrand Russell

1 (PERSON): A PERSON THAT MAKES YOU LAUGH

Who Are They: _____

Why Do They Deserve Kindness: _____

What's Your Favorite Thing About This Person? _____

10 (MINUTES): PUT KINDNESS INTO ACTION

Draw a picture on a small piece of paper that represents a funny memory you have with this person. Text it or post it online so they can see and you can reminisce on the moment and/or how bad of a drawer you are.



Did you do it? YES! NOT YET

If yes, what did you learn? If not yet, what got in the way?
