



COVID-19 Information

New Providence School District School Nurses - 3/9/20

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What is COVID-19?

- A new (novel) viral respiratory illness
- Identified in December 2019
- Spreads much like common cold viruses
- Symptoms include fever, cough, respiratory distress

How can it be prevented?

- Handwashing for at least 20 seconds
- Stay away from sick individuals
- Avoid touching your eyes, nose and mouth
- Use hand sanitizer that contains 60%-90% alcohol when hand washing is not available
- Stay home if you are sick

What are the schools doing?

- Encouraging hand washing
- Cleaning of commonly touched items
- Heightened disinfection protocols
- Providing hand sanitizer and wipes to students and staff
- Following CDC and Department of Health updates
- Sending sick students and staff home

What can parents do?

- Please keep your child home if they do not feel well
- Children MUST be fever free without medication for 24 hours before returning to school
- Promote good personal hygiene
- Seek medical attention if your child has a cough, fever, difficulty breathing

Travel (Spring Break)

- Prior to traveling, individuals should consider the potential risks that may be involved in visiting their destination including risk of transmission
- Consider the risk of quarantine upon returning
- Destinations experiencing sustained community transmission should be avoided
- Any person or group planning a trip outside of the United States should consult the CDC website for current travel advisories regarding any restrictions on travel

For more information:

-NJ Dept. of Health:

www.nj.gov/health/cd/topics/ncov.shtml

-CDC: www.cdc.gov/COVID19

*****Out of an abundance of caution, do not send your child to school if they do not feel well. Please report your child's illness to your child's school. Attendance requirements will be flexible under the circumstances.***